

STAR BOARD

SMCS

TRINITY SCHOOLS
ST MATTHEW'S

Term Two, Week 5

Principal's Message



Kia Ora Koutou

It has been a busy week and looks to be a busy weekend. I have been at Conference at the start of the week, adding more knowledge to my kete but also meeting and sharing with colleagues.

We also send prayers of strength to Mrs Sherwen who is with her ailing mother.

King's Birthday Reunion weekend

The years of the 5s from St Matthew's and Rathkeale arrive tonight for the cocktail event at Rathkeale. Tomorrow, they visit their respective schools to tour their old spaces. I am grateful to the current students and staff who will assist with this event. More I acknowledge the work of St Matthew's Old Girls' Association and Rathkeale Old Boys' Association for making these moments happen.

Reminder

Because of the long weekend and the Wairarapa combined schools professional learning day on Tuesday June 3, students return to classes next Wednesday

The Old Cherokee Tale of the Two Wolves

I read this recently and shared it with the staff. I want to now share it with you and then give my messages I believe it raises for us all.

An old Cherokee is teaching his grandson about life. He says:

“A fight is going on inside me. It is a terrible fight between two wolves. One is evil—he is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego. The other is good—he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. The same fight is going on inside you—and inside every other person, too.”

The grandson thought about it for a minute and then asked his grandfather:

“Which wolf will win?”

The old Cherokee simply replied: “The one you feed.”

This tale holds powerful wisdom, but its true strength comes from how it is applied. Inside each of us, we carry many voices—the one that lifts us up, and the one that tears us down. Every day, with every choice, we feed one or the other. For young women growing up in a world full of comparison, pressure, and constant noise, this tale reminds us that we are not powerless. You get to choose which voice becomes louder.

Will you feed the wolf that tells you that you are not enough? Or will you feed the one that reminds you of your strength, your kindness, your dreams?

Families, your words and support are part of what these youth are feeding on. Your love helps grow the good wolf in them. Let's help our daughters, sisters, and students believe in themselves—not just by telling them they are strong, but by showing them how to feed that strength every day.

So, it is about choice and responsibility. Each of us has the power over which thoughts and feelings you let grow. It is about self-worth and not believing the voice that says you are not enough—it is just the hungry bad wolf talking. Families can help feed the good wolf through love, encouragement, and presence- so know your support systems. It is normal to feel both good and bad, but you are not controlled by those feelings. Finally, it is about resilience and growth. Feeding the good wolf is a daily practice. Mistakes do not mean failure—they are part of learning.

Have a great and safe weekend

Ngā Mihi



Kia Ora Koutou.

This week I had the privilege of attending the New Zealand Boarding Schools Association (NZBSA) conference, a gathering of boarding directors and staff from throughout the country. It was an extremely worthwhile experience, full of shared insights, robust discussions, and valuable professional connections that are sure to benefit our own boarding programme.

In addition to the many presentations, we had the chance to tour several boarding schools in Dunedin, gaining valuable perspective on different facilities, routines, and philosophies. Seeing these environments firsthand was a great reminder that while each school is unique, we all share common goals of providing safe, supportive, and enriching experiences for our boarders.

A reminder that the boarding houses close for King's Birthday at approximately 5pm tonight and they will reopen on Tuesday at 2.30pm due to the Teachers Only Day.

Enjoy the long weekend with your daughter/s at home.

Entrance to Bishop House, Columba College.

Nga mihi.
Ngā Mihi, *Jo*

John McGlashan College.



View from St Hilda's common room area.



Sport Board

St Matthew's Collegiate Weekly Sports Sheet Term 2 Week 6

Monday 2nd June – Sun 8th June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>KINGS BIRTHDAY – NO SPORT</p>	<p>TEACHER ONLY DAY</p> <p>Basketball – no training or match.</p> <p>Hockey Training Primary 7s Gold: no training. 1st XI: 2:30pm-4pm @Clareville. Seniors: no training.</p> <p>Football Matches SMS Saints vs Kuranui Blue @SMS 3.45pm kick off. SMS Stars BYE. SMS Strikers BYE.</p> <p>Football Training 1st XI: 6:30pm-8pm @SMS.</p> <p>Netball Matches @Wairarapa Netball SMS Primary A vs TKKM Raukura @4pm (court 1.) SMS Primary Gold vs Solway Primary Silver @4pm (court 3). SMS Primary Green BYE.</p> <p>Netball Training JNR Black – no training. SMS Pink – 3:30pm-4:30pm.</p>	<p>Boxing 6:30am-7:15am. Meet 6:20am outside MH. Sign-ups only with Ms Veale.</p> <p>Running Club (lunchtime) With Ms Borland & Nell. Meet at the gym at the start of lunch and eat after.</p> <p>Football Match 1st XI vs Heretaunga College 4:15pm @Ascot park. Minivan departs 1.15pm. Return around 7.30pm.</p> <p>Netball Training @SMS SMS 11s 3:30pm-4:30pm (half court). SMS Development 5:30pm-7:30pm (full court). SMS Gold 3:30-4:45pm (half court).</p> <p>Games with Franny Sport Prefect Fran will run some fun games for any boarders & day girls. 3:30pm-4:30pm on the turf.</p> <p>YOGA 4-5PM IN LAZARUS ANY STUDENTS WELCOME! no charge 😊</p> <p>Hockey Training SMS Stars – 4-5pm @SMS. Primary 7s Green: 3.30pm – 3.45pm Development + Pent – 3.30pm-5pm @Clareville. Van <u>departs</u> 3:15pm. Pick <u>up</u> 5pm. *get changed at lunch time*</p>	<p>Hockey Matches SMS 1st XI vs Wairarapa College. 5pm @Clareville. Van departs 3:45pm. Pick up at 6:15pm</p> <p>Football Training Primary: 1:20pm – 2pm. 1st XI S&C: 3:30pm-4:30pm @SMS gym with Ms Borland.</p> <p>Football Matches Primary Ferns vs MIS Kahurangi. 3.45pm @SMS.</p> <p>Netball Training @SMS Yr12 Social 1:20pm-1:55pm (outside). Junior Silver 3:30pm-4:45pm (½ court inside). Junior Yellow 3:30pm – 4:30pm (outside). SMS Stars 3:30pm-4:30pm (½ court inside). Primary 8s 3:30pm-4:30pm (outside). SNR A 5:30pm-7:30pm (inside).</p> <p>Strength & Conditioning 3.30pm – 4.30pm @SMS fitness gym. *ALL WELCOME*</p> <p>Squash Red Star Squash Club. Van departs 3.20pm. Pick up 4.30pm.</p>	<p>Hockey Matches @Clareville. SMS Primary Green vs SMS Primary 8s vs SMS Primary Gold vs</p> <p>Hockey Training Primary 8s 1:20pm-2pm.</p> <p>Netball Matches @MNC No Friday games.</p>	<p>Netball Matches @MNC SNR Stars vs Wai Col SNR C @10am (court 1). SMS Yr12 Social vs Kuranui Dvt @10am (court 2). SMS SNR A vs Opaki @11am (court 2). SMS JNR Green vs Wai Col JNR Red @11am (court 7). SMS Yr13 Social vs Solway Silver @12pm (court 6). SMS Silver vs Kuranui JNR White @12pm (court 7). SMS 11s vs Makoura Dvt @12pm (court 8). SMS JNR Pink vs Kuranui JNR Maroon @12pm (court 10). SMS Development vs Giants Blue @1pm (court 3). SMS JNR Black vs Chanel Swifts @2pm (court 3). SMS Gold BYE. SMS Yellow BYE.</p>

Blue highlight – Info tbc. |

Regional Cross Country

CSW Cross Country Champs held at Harcourt Park on Tuesday with 380 competing athletes! Congratulations to Annabelle, Tilly, Sarah, Charlotte and Riley for representing St Matthew's Collegiate

Place	Bib	Name	Points	Time
29	616	Annabelle Wyeth	29	14:57.0
32	613	Tilly Giesen	32	15:08.6
36	615	Sarah Kirkup	36	15:54.8
38	614	Charlotte Jaspers	-	16:21.4

19 618 Riley Galbreath
St Matthew's Collegiate (Masterton)

Senior Girls (Under 20) F

22:49.0

+3:36.7



Get Voting

Wairarapa Times-Age
SPORTS AWARDS
2024-2025

Voting Closes
Friday 6 June
Entry forms found in the
Wairarapa Times-Age

Congratulations to the following finalists from our St Matthew's family – ex students, current students and parents

Ocean Bartlett – ex student.

U18 Hockey team – a number of our students play in this team.
Wairarapa Koru's – women's cricket team, a number of our students are in this team.

Scott Kennedy for coach of the year – a parent of our school and coach of our 1st XI Hockey Team.

Tony Lyford – former parent and ex coach for both cricket and hockey.

Emma McLeod – ex student.

Vanessa Taylor – ex student.

Let's show our support whānau and get voting

Vocal Spectacular

Many thanks to all the students, staff, and parents that came out to support the Vocal Spectacular. It was a fantastic evening with some marvelous displays of musical and cultural talent. How lucky are we to live in such a musically vibrant community. Well done to our Junior Choir, our year 11 fun choir Treble Tones, and Schola Cantorum.

Andrew Atkins
(HOD, Music and Drama)
Photo credit:
Samuel Watkis



Around School

Yr13 Chemistry

Dr. Kelly's y13 Chemistry class carried out 'silver mirror test for the presence of aldehydes' This test produces silver in the test tubes which then look like mirrors and proves that glucose is an aldehyde but sucrose is not.



Mark of Mission – Tell – Ascension Day/Te Rā Kakenga!

This week on Thursday we celebrate the day that Jesus ascended into heaven after having spent time with His disciples following His resurrection. The Good News of the Gospel is that through Jesus, God wants to have a personal relationship with us. He loves us, He cherishes us, He is our biggest cheer leader! Reach out to God, in your own way, and ask Him to be real to you this week.

Eternal God, by raising Jesus from the dead you proclaimed his victory, and by his ascension you declared him king. Lift our hearts to heaven that we may live and reign with him. This we ask through Jesus Christ our Lord.

E te Atua mutunga kore, nāu nei i whakaara ake a Īhu mai i te mate ka kauwhautia e koe tōna wikitōria, mā tōna kakenga ake ka whakatauhia koe hei kīngi. Whakaarahia ō mātou ngākau ki te rangi kia ora ai mātou kia kīngi tahi me ia. E inoi ai mātou i roto i a te Karaiti tō mātou Ariki.

Āmine.

Rev. Wendy



[School Calendar](#)

[Website](#)

[School Notices](#)

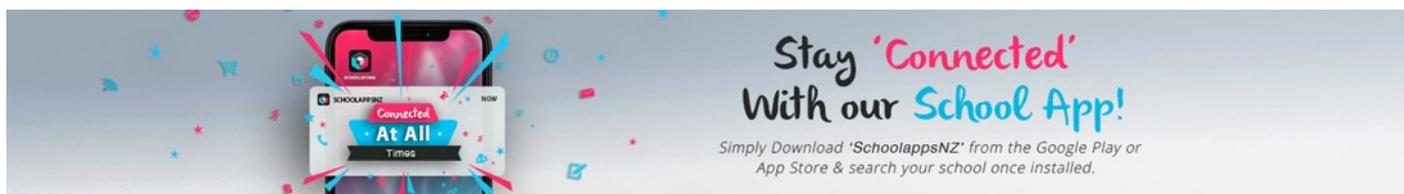
[Facebook](#)



School App

If you are new to St Matthew's Collegiate, or have yet to download, please follow the link to install our school app <https://schoolappsnz.co.nz/install>

For current families, please update your subscription groups by clicking on the cog in the top right hand of the screen. It will take you to the groups for you to change.



Our Mental Health- You are not alone

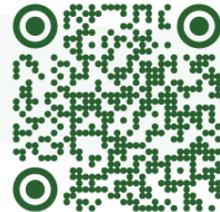
MŌ TĀTOU, NĀ TĀTOU – TAUTOKO RANGATAHI O WAIRARAPA FOR US, BY US – RANGATAHI SUPPORT WAIRARAPA

You will see a list below of helping agencies and resources available to our community for mental health and addictions supports. This initiative is there to remind us all that we are not alone. As they state you can ‘reach out, reconnect, and recover’.

NATIONAL TELEPHONE AND ONLINE SERVICES	
SERVICE	CONTACT
WHAT'S UP	0800 942 8787
FREE HELPLINE	1737
YOUTHLINE	0800 37 66 33, free text 234
LE VA	09 261 4390
INSIDE OUT	027 331 4507
THE LOWDOWN	04 917 0060
ANXIETY LINE	0800 ANXIETY (0800 269 4389)
DEPRESSION HELPLINE	0800 111 757
LIFELINE	0800 543 354
ALCOHOL & DRUG HELPLINE	0800 787 797
GAMBLING HELPLINE	0800 654 655 or text 8006

OTHER SUPPORT	
SERVICE	CONTACT
EAST COAST RURAL SUPPORT TRUST	0800 787 254 (select 4 for Wairarapa)
CONTACT YOUR MEDICAL CENTRE	Wairarapa Medical Centres: Masterton Medical: 06 370 0011 Kuripuni Medical: 06 377 4093 Whaiora: 06 370 0819 Carterton: 06 379 8105 Greytown: 06 304 9012 Featherston: 06 308 9220 Martinborough: 06 306 9501
IN THE EVENT OF A LIFE-THREATENING EMERGENCY: PHONE 111	Wairarapa Hospital, Te Ore Ore Road Masterton

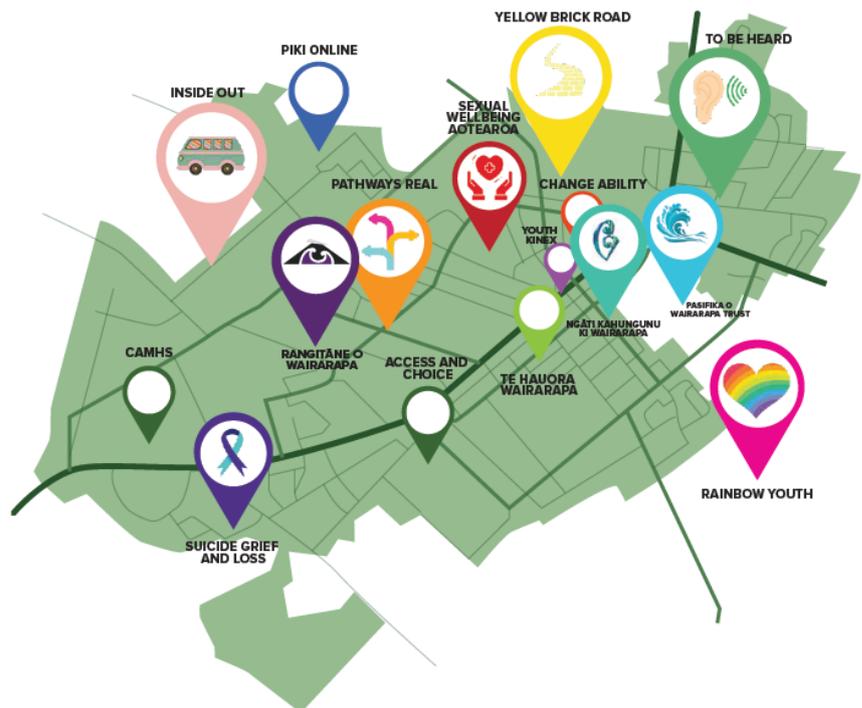
SCAN TO SEE LOCAL CONTACTS



GET IN TOUCH

SERVICE	CONTACT
TO BE HEARD WAIRARAPA	https://tuora.org.nz/
PIKI ONLINE	www.piki.org.nz
YOUTH KINEX	www.mastertonmedical.co.nz/youth-clinic
PATHWAYS REAL	www.real.org.nz
TE HAUORA RUNANGA	www.tehauora.org.nz
PASIFIKA O WAIRARAPA TRUST	www.pw.org.nz
RAINBOW YOUTH, DIVERSITY AND INCLUSION, SEXUAL HEALTH	www.tewhatuora.govt.nz/for-health-professionals/clinical-guidance/specific-life-stage-health-information/youth-health
CAMHS	www.mhaidz.health.nz
ACCESS AND CHOICE	www.accessandchoice.org.nz
CHANGEABILITY	www.changewairarapa.org.nz
SUICIDE BEREAVEMENT COUNSELLING	You can refer yourself or somebody else.
AOAKE TE RĀ	www.aoketera.org.nz/
YELLOW BRICK ROAD	www.yellowbrickroad.org.nz
FEATHERSTON COMMUNITY CENTRE	www.fcc.nz
GUMBOOT FRIDAY	
RANGITĀNE O WAIRARAPA	www.rangitane.iwi.nz
NGĀTI KAHUNĜUNU KI WAIRARAPA	www.kahungunu.iwi.nz
R2R - RANGATAHI TO RANGATIRA	027 706 7931
GENDER MINORITIES AOTEAROA	www.genderminorities.com
SEXUAL WELLBEING AOTEAROA (FORMERLY FAMILY PLANNING)	www.sexualwellbeing.org.nz
OUTLINE	www.outline.org.nz
INSIDE OUT	www.insideout.org.nz
WHAT'S UP	www.whatsup.co.nz
FREE HELPLINE	www.1737.org.nz
YOUTHLINE	www.youthline.co.nz
LE VA	www.leva.co.nz
INSIDE OUT	www.insideout.org.nz
THE LOWDOWN	www.thelowdown.co.nz
ANXIETY LINE	www.thelowdown.co.nz
DEPRESSION HELPLINE	www.depression.org.nz
LIFELINE	www.lifeline.org.nz
ALCOHOL & DRUG HELPLINE	www.alcoholdrughelp.org.nz
GAMBLING HELPLINE	www.Gamblinghelpline.co.nz

MŌ TĀTOU, NĀ TĀTOU – TAUTOKO RANGATAHI O WAIRARAPA FOR US, BY US – RANGATAHI SUPPORT WAIRARAPA



MENTAL HEALTH & ADDICTION WAIRARAPA

To all current and former
teachers and staff.

SMOGA WARMLY INVITE YOU TO THE

2025 Reunion

Please join us King's Birthday weekend to
reconnect with past students from
1965, 1975, 1985, 1995, 2005 & 2015

Friday
30/05/2025

6.30PM Cocktail Evening
Rathkeale Dining Room

RSVP bridg.andy@gmail.com

Saturday
31/05/2025

9:30 AM Chapel
10AM Morning tea
both @ St Matthew's

Key Dates

- **Saturday 31st May** - Exeat long Weekend
- **Saturday 31st May** - Reunion Weekend
- **Monday 2 June** - King's Birthday stat day
- **Tuesday 3 June** - Teacher Only day
- **Wednesday 5 June** - Big Sing Wellington
- **Saturday 7 June** - SC Dinner Dance
- **Friday 20th June** - Matariki
- **Friday 20th June** - Exeat weekend
- **Sunday 22nd June** - Batten House Chapel

2025 Term Dates

Term One - Monday 27th January to Friday 11 April

Term Two - Monday 28th April to Friday 27th June

Term Three - Monday 14th July to Friday 19th September

Term Four - Monday 6th October to Saturday 6 December



SMOGA Grants Now

The St Matthew's Old Girls' Association (SMOGA) is delighted to open applications for two exciting student opportunities

Outward Bound Grant – A \$2,500 grant (incl. GST) toward an 8-day or 21-day Teen Outward Bound course.

Apply here: <https://forms.gle/HpwLqLJw1BUp99tD6>

Spirit of Adventure Grant – A fully funded voyage aboard the Spirit of New Zealand.

Apply here: <https://forms.gle/wbx2Wtu2tj9jJtZVA>

These grants are open to current students in Years 11–13 who are either daughters, nieces, or granddaughters of SMOGA members, or who join SMOGA as part of the application process.

For full details, please visit: www.stmatts.school.nz/academic/scholarships/





What's on the menu this week?



Launch the Camera App and aim your camera at the QR Code to scan it.



UNIFORM SHOP NOTICE



The St Matthew's uniform shop will be closed for the last two and a half weeks of term 2.

If an item of uniform is urgently needed during that time (12th June - 27th June) please get in touch with Principal's PA Haley, email: haley.feringa-howley@trinityschools.nz

On the last weekend of the holidays, if required, Haley is able to schedule you a uniform appointment for Saturday 12th July.

The Uniform Shop will be open to all (as usual on the last Sunday of the holidays) Sunday 13th July from 2pm-5pm.

TRINITY SCHOOLS

COACH & MANAGERS EVENING

MONDAY 2ND JUNE 2025
6.30PM - 8PM

St Matthew's Collegiate School Hall

Drinks and Nibbles provided



RSVP: trinitysport@trinityschools.nz

SELLING YOUR UNIFORM SECOND HAND

The St Matthew's Uniform Shop sells second hand uniform, on your behalf.

When an item of clothing sells, the shop retains a 30% commission, the amount owing to you is then credited to your daughter's school account. For uniform that is sold after your daughter leaves, a bank account, name of the account and email address will be required.

Clothing will get the best price when it is CLEAN; the Blazer, Tunic Dress and Senior Skirt should be dry cleaned. Please attend to discoloured underarms and collars before soaking white blouses in a stain removing laundry soaker (don't use bleach as this will fade the crest).

Uniform can be brought into the shop on Tuesdays and Thursdays 3pm - 4pm during term time. Uniform may alternatively be left at the school office, marked "For Sale, attention UNIFORM SHOP". Please make sure that it is securely boxed up, with your daughter's name included.

Ties and Caps are sold second hand, but any money generated will be a donation to the shop.

ITEMS NOT SOLD SECOND HAND IN THE UNIFORM SHOP:
Old Style Hoodies / Togs / Hockey & Football Socks / Shoes & Sandals / Black Ankle Socks / Old Style PE Tops & Shorts

Community News and Events

2025 Wairarapa Kings Birthday Open Tournament

31st May - 2nd June 2025
Masterton Tennis Centre
Grades: 10u, 12u, 14u, 16u, Open Mens & Women

Entries now Open, closing midnight Tuesday 27th May
Enter via Tournament Planner



Matariki Open Tournament 2025

~Friday 20th June - Sunday 22nd June~
~Masterton Tennis Centre~

Enter via Tournament Planner, Entries Close: Tuesday 17th June

Grades: 10u, 12u, 14u, 16u, mens & womens Open
Singles & Doubles

Full info Sheet: available on Wairarapa Tennis website



Wai Drive

Eileen Hoyle 021 241 4938

Driving Lessons

Restricted and Full License

On Road Safety

Overseas Conversion

Defensive Driving Courses

NURTURING SUSTAINABLE PERSONAL CARE CHOICES



DIVINE · RIVER

CREATIVITY & CONNECTION WORKSHOPS

Thurs 5 June	Repair Cafe Lavender Soap		10.30 - 12 @ Women's Centre 2 - 5pm @ Skate Park Hub
Thurs 12 June	Natural Deodorants		10.30 - 12 @ Idea Services 2 - 5pm @ Skate Park Hub
Thurs 19 June	Solstice Soy Wax Candles		10.30 - 12 @ Women's Centre 2 - 5pm @ Skate Park Hub
Thurs 26 June	Kawakawa Balm		10.30 - 12 @ Idea Services 2 - 5pm @ Skate Park Hub

Our FREE weekly 'Creativity & Connection' workshops provide our participants with an opportunity for making sustainable, eco personal care products that support **whanaungatanga** (connection & relationships), **auahatanga** (creativity), and **mana motuhake** (capability & self-determination).

Brought to you by



100% of ticket sales goes to
KARATE
MASTERTON



BIOLOGICAL FACE MASK WORKSHOPS

Saturday, 7th June	Saturday, 21st June
10am: Glow & Nourish	10am: Glow & Nourish
12pm: Youthful Radiance	12pm: Youthful Radiance
2pm: Calm & Restore	2pm: Bright & Balance

Workshops to be held in Masterton, addressed confirmed upon booking.

\$45
per person per session

Book today:
0212021242

Learn and
Glow

Ticket includes:

A 90-minute hands-on session with an experienced beauty, body, and spa therapist. Enjoy a drink on arrival, light nibbles, and learn about skin types and common concerns. You'll create and apply one targeted natural face mask based on the session theme—but don't worry, you'll also receive the other 3 mask blends in jars to take home, along with a full recipe card set and skin care guide.

Thank You **COGS** Community Organisation Grants Scheme **MASTERTON DISTRICT COUNCIL** for funding these FREE workshops



HELP RAISE MONEY FOR OUR LOCAL CHOPPER

RAFFLE - \$5.00 per ticket - DRAWN 31/05/2025

2 DRAWS - 2 PRIZES

PALLISER RIDGE LUXURY BLANKET (100% Lambs Wool)

Valued at \$250.00

Kindly donated by The Land Girl

1 NIGHTS ACCOMMODATION for 2 at the Loburn Bach Accommodation, Lake Ferry

Valued at \$150.00

Kindly donated by Hosts Andy and Lea

Plus a \$100.00 Meal Voucher at the Lake Ferry Hotel

Kindly donated by Hosts Luke and Candice

Plus a Tray of goodies for pre-dinner drinks & nibbles

Kindly donated by the Pirinoa General Store

Thank you for your support

Tickets Available at the Westpac Branch Masterton OR Contact

Lea Griffith - email: lea.griffith@westpac.co.nz

aratoi

Wairarapa Museum of Art and History

Proudly sponsored by

moore wilson's
since 1913

Featuring work by
locally and nationally
significant artists



aratoi

ARTIST AUCTION

13 June 2025 from 5.30pm

Tickets available at Aratoi, 12 Bruce St, Masterton. E: info@aratoi.co.nz

Aratoi Raffle Fundraiser

Be in to win a Robin White painting!

As part of our fundraising auction Aratoi is raffling a painting by Robin White (first draw) as well as a painting by Linda Tilyard, with Franis Kirkham huia earrings, an Aratoi T-shirt and an Aratoi tote bag (second draw)

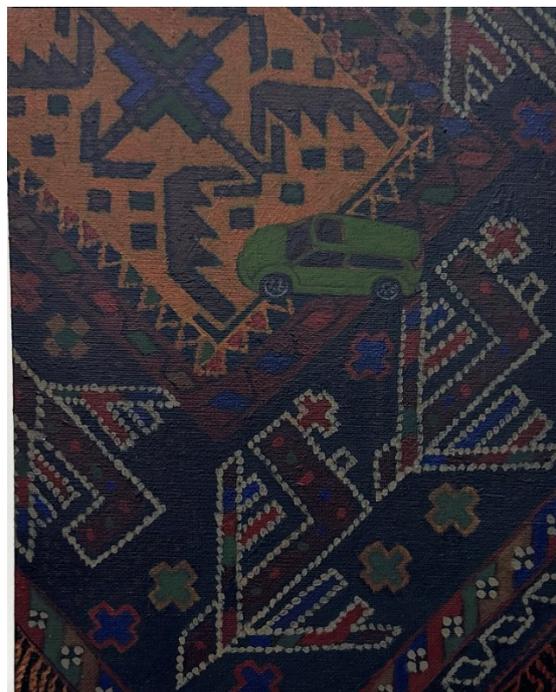
First draw: Robin White, War Rug, 2020, acrylic on canvas (size 20cm x 26cm)

Second draw: Linda Tilyard, Strange Times, Francis Kirkham, Huia Earrings, Aratoi Tote bag and T-shirt

Tickets \$10.00 each. There is no limit to how many tickets you can buy. Please pass on, share around to your school community.

Raffle Tickets: available from Aratoi front desk, info@aratoi.co.nz, 06 370 0001

The winner will be drawn at the Aratoi Art Auction on 13 June 2025. You don't need to attend the auction to be in the draw – so get your tickets now!



aratoi

Wairarapa Museum of Art and History